

# How Long Oh Lord

I will exalt Your name  
and give you praise.

## Small Group Notes - Session Two - Disability

*Some groups may find the following suggested questions a helpful starting point. Don't feel bound by them, rather work at understanding God's word for yourselves, praying that God will help you live in the light of it.*

### **Introduction**

In what different ways does society around us undervalue those who have different types of disability?

In what ways can we unhelpfully bring these values into church life (intentionally and unintentionally)?

What impact might this have on those who have a disability?

*Members of your group who have (or have had) a disability might be able to share a little of those feelings to help others in the group.*

### **Read 2 Samuel 9**

In what ways do we see Mephibosheth being under valued and undervaluing himself in this passage?

In what different ways does David's response show how valued Mephibosheth is?

The great king David is a picture of the greater king who was to come. In what ways do we see Jesus foreshadowed in the actions of David?

### **Think it over...**

What different things (not just disability) can make us feel like we are unworthy to be welcomed at the king's table (vs.11) as a child of the king?

What truths do we need to call to heart as we think or feel like this?

How can we help those with disability who feel, because of their disability, less worthy of a place at the king's table?

### **Practical Applications**

What might you be able to do personally to be more inclusive of those suffering disability, showing they are welcome at the table of the king?

What might we be able to do as a church?

10% of the UK population suffer from disabilities. Is this percentage represented in our church? Why/why not? Should it be higher? Why/why not? What might you do as a group in response to your answers?

**Time of Prayer**

Now spend time praying in response to God's word this week.

Next week we will be considering the issue of mental health. Pray now for those who struggle in with mental health issues in our church family.

Remember: On the 7th November we will be holding a small group discussion evening focusing on this complex issue of suffering. What questions might it be helpful to address on the evening? Do feedback your thoughts.