



The most important event for us has been our move to new premises at Unit 15B, Threemilestone Industrial Estate. TR4 9LD. Here we can store and sort the donated food as well as meet and serve our customers. We opened with our first distribution session on 2 August and welcomed our first twenty four customers. The move was a huge undertaking and we are indebted to our staff, particularly our store manager Nick, (below left) as well as our volunteers. We were also greatly helped by Denis, Truro High School minibus driver and, also by Alex Woods-Ballard and the team of volunteers from the Strategy Unit of Cornwall Council. (middle picture). Right picture Chris Ramsey, from Christians Against Poverty and and Karen from Community Energy Plus in the new Advice room.



Amidst the celebration we continue to regret the growing need for Truro and other food banks. The



Trussell Trust is working with the Joseph Rowntree Foundation whose research shows that the basic rate of Universal Credit which should at least cover the cost of essentials like food, household bills and travel costs, is not currently set according to any objective assessment of what people need. **Right now, this is only £85 a week for a single adult.** That means there's a significant shortfall between people's living costs and their income, which is forcing many to skip meals, switch off necessary appliances such as fridges, and leaving them unable to pay essential bills. In the last financial year, Trussell Trust food banks have seen the highest ever level of need, distributing close to 3 million (2,986,203) emergency food parcels — including more than a million to children. This is the most parcels the network has ever distributed in a single year. Help us change this by adding your name to the Trussell Trust petition. Around 90% of low-income households receiving Universal Credit are going without at least one essential like food, a warm home or toiletries. To sign the petition go to www.trusselltrust.org and click the link "Hunger in the UK"



This summer we again laid on two Open Days timed to be 2 weeks and 4 weeks into the school summer holidays. As last year these were much appreciated. School pastoral support staff were specifically advised to let families know that on these Open Days no referral voucher would be required and families struggling during the summer could collect top up food or a full parcel if it transpired a referral was needed. Not only was top up food available but Wendy and her wonderful helpers Kathy, Alison and Marion made sure **Cornwall Children's Clothing Bank** was on hand to help with clothing.

We also had the following advisors on hand to give professional detailed advice: **Catherine from Community Energy Plus** (advice on energy tariffs, possible grants, insulation help) **Ollie from South West Water** – who came down on both days from Exeter (advice on different tariffs, what to do if struggling to pay bills) **Francesca from Nationwide** – information on financial matters and accounts **Beth and Lorna from Whitehead-Ross** helping people back into employment. **Chris from Christians Against Poverty** offering debt advice. **Cllr Karen Glasson – Cornwall Councillor** from Probus, offering advice on many issues



Annual Tesco Food Collection days, 10 to 12 August.



Huge thanks to **Matt, the Manager at Tesco Truro**, his staff team and our volunteers (including staff at Nationwide Truro and Francis Clark Truro) and all those shoppers who donated to us. Shoppers, your support and generosity, always amazes us, and enabled us to collect over 1200 kg of food which will provide more than **2000 meals** for people in food crisis in our area. As the cost-of-living crisis worsens and more and more people are struggling to make ends meet, this will make such a huge difference. Picture shows Matt and team with Nick and volunteers.

Time to relax. Staff, volunteers and trustees enjoy a late summer barbecue in the grounds of All Saints Church Highertown. Again a huge thank you to our amazing volunteers who have worked so hard this year. Some of you have been with us since we started fourteen years ago! We could not support our community without you. It is sad to reflect that we thought Truro Foodbank would be a temporary scheme for a couple of years, helping folk through the financial crisis of 2008. How wrong !



Finally: Thanks to clergy and congregations at **Truro Methodist Church and All Saints Church, Highertown** for their amazing support over the past fourteen years. Both have encouraged us by seeing us as part of their mission to show God's love for our community as we care for some of the people who need our help. We will keep in touch and we value your prayers.



Open at our new centre at Threemilestone

Monday: 3pm to 5pm ,
Wednesday: 10 am to 12 noon,
Friday: 10am to 12 noon.

Roseland and Perranporth service available via phone or Web site. Phone: 07721 711669

Truro Foodbank, ~Unit 15B, Threemilestone Industrial, Threemilestone, Truro TR4 9LD

T: 077 2171 1669 (available 9am to 5 pm Mondays & 9am to 12 noon Wednesdays and Fridays.)

e: trurofoodbank@gmail.com. www.truro.foodbank.org.uk.

Registered charity:1176281

Twitter : @TruroFoodbank

Facebook: @TruroFoodbank