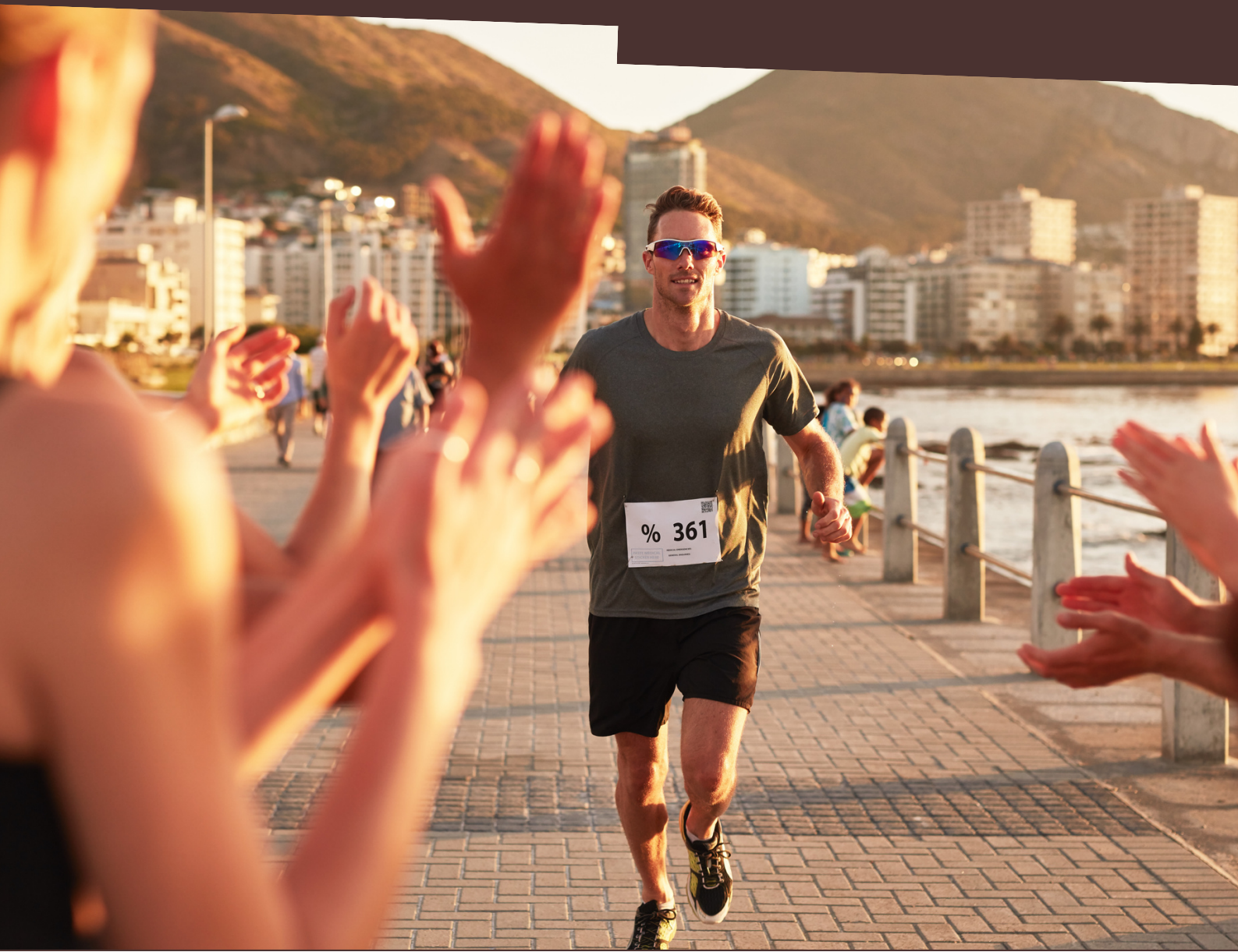

ENABLE 11

For Each Other - Small Group Session One
Week Beginning 10th September



Introducing ENABLE

Many of us want to live our lives as disciples of Jesus Christ, but in different ways at different times we all can find it hard.

Some of us have been following Jesus for a long time, yet we don't feel like we are making progress. Some might be busy serving Jesus but feel tired or worn down. Some maybe have dreams of things they would love to undertake for Jesus but, because of a lack of confidence or lack of opportunity, they have never been able to realise their dreams.

What is the common factor in each of those situations? It is a need to experience God's enabling, His wonderful, gentle, yet powerful enabling.

We want to know His enabling in perhaps new and deeper ways so that we might grow in our discipleship.

The wonderful thing is that God has given us many blessing to enable us to live for Him. Over the next few weeks we are going to think about four in particular - one another, the Holy Spirit, prayer and God's word.

Over these weeks, we will be asking how we can experience these blessings more deeply - that we might be more powerfully enabled to live for Jesus.

This week our journey begins as we think about the blessing we have in one another.

I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 41:10

Devoted to each other

1 Welcome

This week we are starting to think about the blessing of having each other in our church and small groups to ENABLE us to live as disciples of Jesus - so let's start this first session by catching up and getting to know one another better. If you are a new group (or welcoming new members to your group) why not spend a moment introducing yourselves.

Now, let's start by sharing together:

- Is there something from your summer that made you happy?
- Is there something from your summer that encouraged you as a follower of Jesus?

ENABLE is all about enabling us to grow as disciples of Jesus.

- Can you think of a way you would like to be encouraged in your discipleship in the year ahead. The discipleship audit we undertook on the Launch Evening might help you here. Take a moment to think before sharing together.

2 Devoted

One of the main ways we can be encouraged as disciples is by one another. **Read Acts 2:42-47**, a passage we have been thinking about recently.

- Write a list of the four or five marks of this first group of Christians.
- In what ways is this list reflected in our church and in your small group?
- In what ways is this list challenging to us?

Building Relationships

Forging deep relationships where we are devoted to one another takes time (2:44). What different things make this hard for us? How might you overcome some of those challenges in your group?

Praying Together and For Each Other

One of the blessings for these Christians is their commitment to praying together and for one another. What different things make this hard for us? How might you overcome some of those challenges in your group?

Meeting Needs

These Christians were willing to give much to meet the needs of others in their church. What different things make this hard for us? How might you overcome some of those challenges in your group?

3 So What

One of the greatest blessings we have to help us as disciples is one another. Are there one or two things for your group to take into this year ahead? Maybe list out any actions you have and then spend some time praying for one another and your group as we begin this journey together.



Autumn Term Timetable

Introducing ENABLE - Central Meeting

7:30pm Thursday 7th September

Small Group Session 1.1

Week beginning 10th September

Prayer Meeting Week

7:00pm Trinity-wide hosted at All Hallows - 20th September

Small Group Session 1.2

Week beginning 24th September

Small Group Session 1.3

Week beginning 1st October

Small Group Session 1.4

Week beginning 8th October

Prayer Meeting Week

7:30pm 18th/19th October

Half Term Break - Week beginning 22nd October

Small Group Session 2.1

Week beginning 29th October

Small Group Session 2.2

Week beginning 5th November

Prayer Meeting Week

7:30pm 15th/16th November

Small Group Session 2.3

Week beginning 19th November

Small Group Session 2.4

Week beginning 26th November

ENABLE into Action - Group Activities

Week beginning 3rd December

support and
encouragement
to live for Jesus