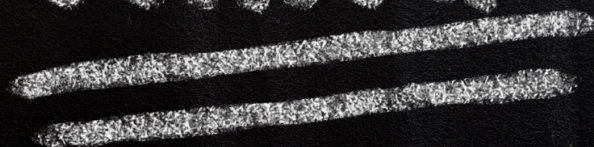

EQUIP 5.4

Gospel Attitude – Small Group Session Four
Week beginning 2nd July

**ATTITUDE
IS
EVERYTHING**



Gospel Attitude

This is our last week in Colossians, as we finish thinking about discipleship. Over the last two weeks, we have thought about: our Gospel Freedom; our Gospel Focus and our Gospel Action. This week we come to think about our Gospel Attitude.

We will be sharing our goals and targets for our lives of discipleship in our groups next week and we will be praying for each other. The week after is the final week of EQUIP. On the 20th July from 5:30pm we will be gathering at St Kea for our end of EQUIP BBQ. At 6:30pm we move into the church and spend time praising God together, led by an amazing band.

Then, in the middle of our praise, we will share our hopes, desires and dreams for our lives of discipleship. You will not be asked to say anything out loud, although some may wish to share their hopes and dreams with us. Everyone will be given a large piece of paper on which they can write their commitment and bring that to the front to share with the rest of us. The meeting will formally finish at 7:30pm in time to take children home for bed. (There will be informal activities for children in the church during the meeting itself.)

Next week and the 20th of July will both be powerful moments for us - as we share our commitments with one another, we will be praying for one another, that God will bless the desires of our hearts.

So, this week we come to Colossians for the last time. As you start your session now, maybe spend a few moments sharing how you feel about making these commitments over the next couple of weeks. Some might even be able to share some of the commitments they are considering making...

Now turn to pray as you come to God's word in today's session.

“The kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.”

The Rule in Our Hearts

1 Our Lives

The second half of Colossians is all about what it looks like to live as a disciple of Jesus. Colossians 3:15-17 gives us a number of pictures of how we should live.

- Read the verses together slowly, reflecting on each phrase.
- Now time for a list. Write down the different encouragements and instructions given in these verses.
- Now consider each in turn. This will take some time, maybe 15 mins or so. For each aspect ask these three questions: Why should this aspect be a part of our lives? In what ways do our lives lack this aspect? What would it look like if we knew more of this aspect in our lives.

2 So What About You

Now spend some time reviewing your previous conversation. Each person should try to identify one aspect that they would like to incorporate more into their life of discipleship. Try to be specific.

Having thought individually, now consider one aspect that you would like to be more evident in your Small Group. How might this teaching shape the life of your group?

3 Trust Him

Right at the start of this session we were starting to share some of the goals/targets/commitments we might want to make on the 20th July. How/in what way does today's teaching encourage or amend your thoughts? Spend some time talking together about this.

Now turn to prayer. Pray about the impact of this passage and the things you have just shared.

Do come to the group next week ready to share something of your goals and targets. The SMARTER sheets are still included at the end of this study as a prompt to help your thinking.



Attitude | a tɪ tʃ uː d
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SMARTER GOAL-SETTING TEMPLATES



FOR ACHIEVEMENT GOALS

1

ACTIONABLE _____ SPECIFIC, MEASURABLE, RISKY & EXCITING _____ TIME-KEYED _____

RELEVANT

2

ACTIONABLE _____ MEASURABLE, RISKY & EXCITING _____ SPECIFIC _____ TIME-KEYED _____

RELEVANT

3

ACTIONABLE _____ SPECIFIC _____ MEASURABLE, RISKY & EXCITING _____ TIME-KEYED _____

RELEVANT



FOR HABIT GOALS

4

ACTIONABLE _____ MEASURABLE, RISKY & EXCITING _____ SPECIFIC _____ TIME-KEYED _____

TIME TRIGGER _____ STARTING DATE _____ STREAK TARGET _____

RELEVANT

SMARTER GOAL-SETTING TEMPLATES

FOR ACHIEVEMENT GOALS

1 Run the Country Music Half Marathon by April 21
ACTIONABLE SPECIFIC, MEASURABLE, RISKY & EXCITING TIME-KEYED

2 Read 50 business books by December 31
ACTIONABLE MEASURABLE, RISKY & EXCITING SPECIFIC TIME-KEYED

3 Lower my golf handicap from 22 to 18 by September 30
ACTIONABLE SPECIFIC MEASURABLE, RISKY & EXCITING TIME-KEYED

FOR HABIT GOALS

4 Walk two miles at Pinkerton Park M-W-F
ACTIONABLE MEASURABLE, RISKY & EXCITING SPECIFIC TIME-KEYED

at 6:00 am starting June 1 for 12 weeks
TIME TRIGGER STARTING DATE STREAK TARGET

RELEVANT